PASTOR CHRIS OYAKHILOME MESSAGES PDF

Pastor Chris Oyakhilome Messages have become a significant source of spiritual inspiration and motivation for millions of believers worldwide. As a renowned Nigerian pastor, televangelist, and author, Pastor Chris Oyakhilome's teachings have impacted lives across continents, promoting faith, healing, prosperity, and spiritual growth. His messages are widely accessible through various platforms, including books, online videos, and live events, making his teachings a vital resource for Christians seeking deeper spiritual understanding and practical life applications.

In this article, we will explore the essence of Pastor Chris Oyakhilome's messages, their themes, impact, and how believers can benefit from engaging with his teachings.

Who Is Pastor Chris Oyakhilome?

Before delving into his messages, it's essential to understand who Pastor Chris Oyakhilome is. He is the founder and president of Christ Embassy, also known as LoveWorld Inc., a Christian ministry with a global reach. Known for his dynamic preaching style and emphasis on the power of faith, Pastor Chris has authored numerous books and hosts international conferences like the annual "Night of Bliss" and "Healing School" programs.

His teachings focus on the Word of God, the Holy Spirit, divine healing, and prosperity, aimed at empowering believers to live victorious lives. His influence extends beyond Nigeria to nations around the world, making his messages a cornerstone of contemporary Christian teachings.

The Core Themes of Pastor Chris Oyakhilome Messages

Pastor Chris's messages encompass a wide range of spiritual and practical topics. The core themes include:

1. Faith and the Word of God

Faith is central to Pastor Chris's teachings. He emphasizes that understanding and acting on God's Word is the key to experiencing God's promises. His messages often focus on how believers can develop unwavering faith through the Scriptures.

2. Healing and Miracles

A significant aspect of his ministry is the emphasis on divine healing. He teaches that healing is part of the salvation package and encourages believers to believe in and receive divine health through faith.

3. Prosperity and Abundance

Pastor Chris advocates for prosperity as God's will for His children. His messages often include teachings on financial prosperity, success, and God's plan for believers to live above lack.

4. The Holy Spirit and Spiritual Empowerment

He stresses the importance of the Holy Spirit in the life of a believer, teaching that empowerment by the Holy Spirit enables believers to live victorious, impactful lives.

5. Love and Relationship with God

His messages also focus on cultivating a personal relationship with God, rooted in love, obedience, and intimacy.

Popular Pastor Chris Oyakhilome Messages and Teachings

Many of Pastor Chris's messages are compiled into books and video series, which continue to influence believers worldwide. Some of his most popular teachings include:

1. The Power of Your Words

In this message, Pastor Chris emphasizes the importance of speaking positively and aligning words with God's Word to manifest desired outcomes. He teaches that words have creative power and can shape one?s destiny.

2. Living in God's Prosperity

This teaching explores biblical principles of prosperity, encouraging believers to trust God for financial and spiritual abundance, and to dispel poverty mentality.

3. The Holy Spirit and His Gifts

A comprehensive teaching on the role of the Holy Spirit, His gifts, and how believers can activate these gifts to serve effectively and live joyfully.

4. Healing Scriptures and Faith for Health

Focused on scriptural healing promises, this message encourages believers to meditate on healing Scriptures and exercise faith to receive divine health.

5. The Righteousness of Faith

Pastor Chris explains righteousness as a gift through faith in Jesus Christ, emphasizing that believers are justified and empowered to live victorious lives by faith.

How to Access Pastor Chris Oyakhilome Messages

Believers and interested individuals can access Pastor Chris Oyakhilome's messages through various channels:

- **Official Websites:** The Christ Embassy website offers a wealth of sermons, teachings, and resources.
- **YouTube:** The official Christ Embassy YouTube channel hosts numerous video sermons and teachings.
- **Mobile Apps:** The "Believers LoveWorld" app provides access to live streams, teachings, and daily devotionals.
- **Books and Publications:** Many of his teachings are compiled into books available for purchase online and in bookstores.
- **Live Events and Conferences:** Attending his conferences and healing schools offers immersive experiences of his messages.

Benefits of Engaging with Pastor Chris Oyakhilome Messages

Engaging regularly with Pastor Chris's messages can bring numerous spiritual and practical benefits:

- **Strengthened Faith:** His teachings encourage believers to develop an unshakable faith based on God's Word.
- **Healing and Health:** Many have experienced physical healing and emotional restoration through faith-based teachings.
- **Financial Prosperity:** His messages provide biblical principles for financial management and prosperity.
- **Spiritual Empowerment:** Believers learn to activate the gifts of the Holy Spirit and live empowered lives.
- **Deeper Relationship with God:** His teachings foster intimacy, love, and obedience in one's walk with God.

Conclusion

Pastor Chris Oyakhilome messages continue to inspire millions around the globe, offering hope, faith, and practical guidance rooted in the Word of God. Whether through sermons, books, or online resources, his teachings emphasize the transformative power of God's Word, faith, and the Holy Spirit. Engaging with his messages can lead believers to experience divine healing, prosperity, and a deeper relationship with God.

For those seeking spiritual growth or breakthroughs in various areas of life, exploring Pastor Chris's teachings provides a rich resource filled with biblical wisdom and life-changing truth. Embrace these messages, meditate on the Scriptures, and activate your faith to experience the abundant life that God's Word promises.

Pastor Chris Oyakhilome Messages: A Deep Dive into His Spiritual Teachings and Global Influence

Introduction

Pastor Chris Oyakhilome messages have become a significant force within the Christian world, particularly among Pentecostal and charismatic circles. Known for his dynamic preaching style, theological insights, and emphasis on faith-based living, Pastor Chris has garnered a massive following both in Nigeria and internationally. His teachings, conveyed through conferences, books, and televised programs, have influenced millions of believers worldwide. This article explores the core themes of his messages, their theological underpinnings, and the impact they have had on contemporary Christianity.

Who Is Pastor Chris Oyakhilome? A Brief Background

Before delving into his messages, it?s essential to understand who Pastor Chris Oyakhilome is. Born on December 12, 1963, in Edo State, Nigeria, he is a renowned Nigerian pastor, televangelist, and author. As the founder and president of Loveworld Incorporated (also known as Christ Embassy), he has built one of the largest congregations in Africa. His ministry emphasizes faith healing, prosperity, the Holy Spirit, and the power of words.

Pastor Chris is also a prolific author, with numerous books and devotionals that expand on his teachings. His global outreach is facilitated through television networks like the LoveWorld TV, online streaming platforms, and international conferences such as the annual "Night of Bliss" and "Healing School."

Core Themes in Pastor Chris Oyakhilome Messages

The Power of Faith and Words

One of the foundational elements of Pastor Chris's teachings is the power of faith and the spoken word. He often emphasizes that believers have the authority to shape their realities through faith-filled declarations.

- Faith as a Creative Force: Pastor Chris teaches that faith is not merely belief but a creative force that can produce tangible results. Quoting scriptures like Mark 11:23, he encourages believers to speak their desires into existence.

- The Power of Confession: His messages often include practical instructions on speaking positively and declaring God's promises. For example, he advocates for confessing health, prosperity, and success to manifest them in life.

- Words Create Realities: According to Pastor Chris, words carry spiritual power, and believers must use them carefully to align with God's will. This principle underpins many of his teachings on healing, prosperity, and victory.

Healing and Miracles

A recurring theme in Pastor Chris's messages is divine healing and miracles, which he attributes to faith in God's power.

- Healing Schools and Miracles: Through his Healing School programs, thousands have experienced physical healings. He often narrates testimonies from individuals healed of various ailments during his crusades.

- Faith in Healing: He emphasizes that divine healing is part of the believer's covenant with God, accessible through faith and prayer. His teachings dispel the notion that healing is solely spiritual or symbolic, affirming it as a tangible benefit of Christ's atonement.

Prosperity and Abundance

Contrary to some traditional views, Pastor Chris advocates a prosperity gospel that aligns material wealth with spiritual maturity.

- God?s Will for Prosperity: He teaches that God desires His children to prosper financially and

materially. Scriptures such as 3 John 1:2 are frequently cited to support this belief.

- Financial Stewardship: His messages often include principles of sowing and reaping, diligent work, and faith-filled giving as pathways to financial blessings.

- Breaking the Spirit of Poverty: Pastor Chris encourages believers to renew their minds about money, emphasizing that poverty is not God's plan and that prosperity is part of their divine inheritance.

The Holy Spirit and Spiritual Empowerment

A significant aspect of his teachings revolves around the Holy Spirit?s role in empowering believers.

- Baptism of the Holy Spirit: Pastor Chris advocates for believers to seek the baptism of the Holy Spirit, citing it as essential for spiritual effectiveness and supernatural living.

- Gifts of the Spirit: His messages encourage believers to operate in spiritual gifts such as prophecy, healing, and miracles.

- Relationship with the Holy Spirit: He underscores the importance of daily fellowship with the Holy Spirit for guidance, wisdom, and empowerment.

Living a Victorious Christian Life

Pastor Chris's messages are also centered on practical Christian living, emphasizing victory over life's challenges.

- Renewing the Mind: His teachings highlight the importance of transforming thoughts to align with God's Word, which leads to victorious living.

- Faith-Filled Action: He encourages believers to act on their faith, taking steps of obedience and trusting God's process.

- Overcoming Fear and Doubt: His messages address emotional and mental barriers, urging believers to replace fear with faith.

The Methodology of Pastor Chris Oyakhilome?s Teaching

Use of Multimedia and Technology

Pastor Chris has harnessed modern technology to reach a global audience.

- Television and Internet Broadcasting: His programs are accessible worldwide through LoveWorld TV and online streaming, making his teachings available 24/7.

- Social Media Engagement: Platforms like Facebook, Twitter, and YouTube are used to disseminate messages, share testimonies, and engage with followers.

- Mobile Apps and Digital Resources: His ministry offers apps, e-books, and devotionals, making spiritual resources readily accessible.

Dynamic and Interactive Preaching Style

His sermons are characterized by energetic delivery, visual aids, and interactive elements, keeping audiences engaged.

- Use of Testimonies: Personal testimonies and real-life examples are frequently integrated to illustrate biblical principles.

- Visual Aids and Illustrations: Charts, videos, and props are used to clarify complex spiritual concepts.

International Conferences and Crusades

Pastor Chris hosts large-scale events that gather thousands of attendees.

- Night of Bliss: An annual gathering aimed at imparting spiritual renewal and breakthroughs.

- Healing School: Focused on imparting faith for divine healing.

- Global Outreach: These events are often broadcast live, extending their reach beyond physical attendees.

Impact and Criticisms

Global Influence

Pastor Chris?s messages have contributed significantly to the growth of the Pentecostal movement in Africa and beyond.

- Expansion of the Christ Embassy Church: With branches across multiple countries, his ministry's reach is expansive.

- Influence on Prosperity Theology: His teachings have shaped modern prosperity gospel narratives, which have both supporters and critics.

- Philanthropic Initiatives: His ministry engages in humanitarian efforts, including education, health, and disaster relief.

Criticisms and Controversies

Despite widespread popularity, Pastor Chris?s teachings have faced scrutiny.

- Prosperity Gospel Criticism: Critics argue that emphasizing wealth might promote materialism over spiritual growth.

- Miracle Claims: Some skeptics question the authenticity of miracle reports and healing testimonies.

- Financial Transparency: Questions have been raised about the financial operations of his ministry.

While these criticisms exist, Pastor Chris and his followers maintain that his teachings are rooted in biblical truth and intended to uplift believers spiritually and materially.

Conclusion

Pastor Chris Oyakhilome messages continue to resonate with millions seeking spiritual empowerment, physical healing, and financial prosperity. His dynamic approach to teaching, leveraging modern media, and emphasis on faith principles have cemented his status as a prominent voice in contemporary Christianity. Whether one agrees or disagrees with all aspects of his theology, his influence on the global spiritual landscape remains undeniable. As he continues to preach hope, faith, and victory, his messages are likely to shape Christian discourse for years to come.

QuestionAnswer What are some of Pastor Chris Oyakhilome's most popular messages on faith and spirituality? Pastor Chris Oyakhilome's popular messages often focus on themes like unwavering faith, the power of the Holy Spirit, and victorious Christian living. His teachings such as 'The Power of Faith', 'How to Receive Your Miracle', and 'Living a Life of Victory' are widely appreciated for inspiring believers worldwide. Where can I access Pastor Chris Oyakhilome's recent sermons and messages? You can access Pastor Chris Oyakhilome's recent sermons on his official platforms, including the LoveWorld Ministries website, the Christ Embassy YouTube channel, and the Loveworld app, where his latest messages are regularly uploaded and available for streaming or download. What themes does Pastor Chris Oyakhilome commonly address in his teachings? His teachings commonly address themes such as faith, healing, prosperity, the Holy Spirit, divine health, and victorious Christian living, aimed at empowering believers to live purposeful and triumphant lives. How have Pastor Chris Oyakhilome's messages impacted his global congregation? His messages have inspired millions around the world, fostering spiritual growth, encouraging faith in God's promises, and empowering believers to overcome life's challenges through biblical principles, often resulting in transformed lives and community development. Are there any upcoming events where Pastor Chris Oyakhilome will be sharing new messages? Yes, Pastor Chris Oyakhilome frequently hosts international conferences, gospel crusades, and special services. Information about upcoming events can be found on the LoveWorld Ministries website and social media pages. What is the core message of Pastor Chris Oyakhilome's teachings on divine health and healing? His core message emphasizes that divine health is part of the salvation package, teaching believers to activate their faith for healing, understand their authority over sickness, and live in divine health through God's Word and the Holy Spirit.

Related keywords: Pastor Chris Oyakhilome sermons, Christ Embassy messages, Christian teachings, faith messages, spiritual growth, prophetic messages, religious sermons, inspirational teachings, Christian broadcasting, faith-based messages

MESSAGES OF HOPE

Messages of hope serve as powerful beacons in our lives, guiding us through challenging times and inspiring us to look forward to brighter days. In a world often marked by uncertainty, adversity, and change, words of hope can uplift spirits, provide solace, and rekindle optimism. Whether shared through personal interactions, social media, or community initiatives, these messages foster resilience and remind us that hope is always within reach. This article explores the significance of messages of hope, their various forms, and how they can be effectively shared to inspire and uplift others.

The Power of Messages of Hope

Why Messages of Hope Matter

Messages of hope are more than mere words; they are catalysts for emotional healing and mental strength. They serve multiple vital functions:

- Providing Comfort: During difficult times, hopeful messages reassure individuals that they are not alone and that better days are ahead.
- Encouraging Resilience: Hope motivates people to persevere through setbacks and challenges.
- Fostering Connection: Sharing messages of hope strengthens bonds within communities and families, promoting solidarity.
- Inspiring Action: Hope can motivate individuals to make positive changes in their lives or in society.

Research indicates that exposure to hopeful messages can reduce stress, improve mental health, and increase feelings of empowerment. For this reason, incorporating messages of hope into daily life can have profound psychological benefits.

Types of Messages of Hope

Messages of hope come in many forms, each suited to different contexts and audiences. Understanding these variations helps in crafting effective, meaningful messages.

Personal Messages

Personal messages are direct words shared with individuals facing hardships. They can be:

- Handwritten notes
- Verbal encouragement
- Personalized messages on social media

Example: ?Keep going; brighter days are ahead. I believe in your strength.?

Inspirational Quotes and Sayings

Quotes from famous figures or spiritual leaders can encapsulate hope succinctly and powerfully. Some popular examples include:

- ?Hope is the thing with feathers that perches in the soul.? ? Emily Dickinson
- ?The only way to do great work is to love what you do.? ? Steve Jobs

These quotes are often shared widely and can serve as quick sources of inspiration.

Community and Collective Messages

Messages that originate from communities or organizations aim to foster collective hope:

- Campaign slogans
- Community mottos
- Social media campaigns promoting positivity

Example: HopeInAction ? a hashtag used to share stories of resilience and community efforts.

Creative Expressions of Hope

Art, music, poetry, and storytelling are powerful mediums to convey messages of hope. They can evoke emotional responses that resonate deeply with audiences.

Strategies for Sharing Messages of Hope Effectively

Sharing messages of hope requires intentionality and empathy. Here are strategies to maximize their impact:

Be Authentic and Sincere

Genuine messages resonate more deeply. Share personal stories or heartfelt words that reflect true

empathy.

Use Positive and Uplifting Language

Focus on words that inspire confidence and resilience, avoiding negativity or despair.

Leverage Different Platforms

Distribute messages across various channels:

- Social media (Facebook, Instagram, Twitter)
- Community bulletin boards
- Personal conversations
- Public events and gatherings

Incorporate Visuals and Multimedia

Images, videos, and graphics can amplify the emotional impact of hope messages.

Share Success Stories

Highlight stories of overcoming adversity to inspire others.

Examples of Impactful Messages of Hope

Here are some real-world examples that have uplifted many:

- "Every day may not be good, but there is something good in every day." ? Unknown
- "When you come to the end of your rope, tie a knot and hang on." ? Franklin D. Roosevelt
- "Hope is being able to see that there is light despite all of the darkness." ? Desmond Tutu
- Community initiatives like local food drives, mental health awareness campaigns, and disaster recovery efforts often carry messages of hope that mobilize collective action.

Creating Your Own Messages of Hope

Everyone has the capacity to craft messages that inspire and uplift. Here are tips to create your own impactful messages:

Identify Your Audience?s Needs

Understand what your audience is going through and tailor your message accordingly.

Share Personal Experiences

Authentic stories of overcoming obstacles can be powerful.

Use Encouraging Language

Choose words that motivate and reassure.

Be Consistent and Positive

Regularly share hopeful messages to build a culture of optimism.

Conclusion

Messages of hope are essential tools for fostering resilience and positivity in individuals and communities. They serve as reminders that even in the darkest times, light persists, and change is possible. By sharing genuine, uplifting, and thoughtful messages?whether through words, art, or collective efforts?we can nurture hope and inspire action. In a world that constantly faces new challenges, fostering a culture of hope is vital for building a brighter, more compassionate future. Remember, your words have the power to change lives?so share messages of hope generously and sincerely.

Messages of hope serve as powerful beacons in times of uncertainty, despair, and adversity. They remind us that no matter how dark the night may seem, dawn will eventually break, and brighter days are ahead. In a world often filled with challenges?from personal struggles to global crises?hope acts as a vital force that sustains, motivates, and heals. This article explores the profound significance of messages of hope, their various forms, their impact on individuals and communities, and how we can effectively share and cultivate hope in our daily lives.

The Power of Messages of Hope

Messages of hope are more than just words; they are catalysts that inspire resilience, foster optimism, and promote emotional well-being. They serve as reminders that difficult times are temporary, and change is possible. When communicated effectively, hope messages can transform perspectives and even influence behaviors, encouraging perseverance and a sense of purpose.

Why Messages of Hope Matter

- Psychological resilience: Hope strengthens mental health by providing a sense of direction during hardships.
- Community cohesion: Shared messages of hope unify people, fostering collective strength.
- Motivation for action: Hope can inspire individuals to pursue goals and contribute positively to society.
- Healing power: Hope supports emotional recovery from trauma and loss.

Features of impactful hope messages include:

- Authenticity: Genuine expressions resonate more deeply.
- Positivity: Focusing on possibilities rather than just problems.
- Inclusivity: Messages that consider diverse backgrounds and experiences.
- Actionability: Encouraging steps toward improvement.

Forms of Messages of Hope

Messages of hope manifest in various mediums, each with unique strengths and reach.

1. Inspirational Quotes and Sayings

Short, memorable phrases that encapsulate hope and resilience. Examples include ?This too shall pass? or ?Every storm runs out of rain.? These quotes are shared widely via social media, posters, and speeches.

Pros:

- Easily shareable and memorable.
- Can be tailored to specific contexts or audiences.

Cons:

- Risk of becoming clichéd if overused.
- May lack depth if not accompanied by context.

2. Personal Stories and Testimonials

Sharing real-life experiences of overcoming adversity can deeply inspire others. These stories humanize abstract concepts of hope and demonstrate its practical power.

Pros:

- Authentic and relatable.
- Can provide practical insights and strategies.

Cons:

- May require vulnerability and privacy considerations.
- Effectiveness depends on storytelling skills.

3. Art, Music, and Literature

Creative expressions often evoke hope by capturing emotional truths and inspiring imagination. Songs, paintings, poems, and films can communicate messages that resonate on a visceral level.

Pros:

- Universally accessible and emotionally impactful.
- Can reach diverse audiences.

Cons:

- Interpretation may vary.
- Accessibility depends on cultural context.

4. Community Initiatives and Campaigns

Organized efforts, such as charity drives, awareness campaigns, or community projects, serve as collective messages of hope, demonstrating tangible change and support.

Pros:

- Foster a sense of solidarity.
- Lead to real-world improvements.

Cons:

- Require coordination and resources.
- Impact may be slow or limited without sustained effort.

The Impact of Messages of Hope on Individuals and Society

On Personal Level

Hope messages can be transformative for individuals facing personal hardships?illness, grief, unemployment, or failure. They act as mental anchors, reinforcing a belief in possible positive outcomes.

Benefits include:

- Reduced anxiety and depression.
- Increased motivation to pursue recovery or growth.
- Enhanced coping skills and emotional resilience.

Potential challenges:

- Overly optimistic messages might dismiss real struggles.
- Risk of false hope if not grounded in reality.

On Societal Level

At a societal scale, messages of hope can inspire collective action, foster social cohesion, and motivate movements for change. During crises such as wars, pandemics, or economic downturns, hope messages help maintain morale and a sense of purpose.

Examples:

- Post-World War II recovery messages.
- Public health campaigns during pandemics.
- Environmental movements emphasizing hope for a sustainable future.

Challenges:

- Risk of complacency if hope becomes disconnected from action.

- Potential for polarization if messages are perceived as superficial or insincere.

Strategies to Effectively Share Messages of Hope

Creating and disseminating messages of hope requires thoughtful approaches to maximize their positive impact.

1. Authenticity and Honesty

Be genuine in conveying hope, acknowledging real difficulties while emphasizing possibilities.

2. Use of Visual and Emotional Appeal

Incorporate images, stories, and language that evoke emotional responses and foster connection.

3. Tailoring to Audience Needs

Understand the cultural, social, and personal contexts of your audience to craft relevant messages.

4. Encouraging Action

Complement hopeful messages with practical steps or resources that empower individuals and communities.

5. Consistency and Persistence

Regularly share messages to build momentum and sustain hope over time.

Cultivating Personal Hope: Tips and Practices

While sharing hope externally is vital, cultivating internal hope is equally important.

- Practice gratitude: Focus on positive aspects of life.
- Set achievable goals: Break larger aspirations into manageable steps.
- Surround yourself with positivity: Engage with supportive people and uplifting content.
- Reflect on past successes: Remind yourself of previous challenges overcome.
- Stay informed, but limit negativity exposure: Balance awareness of issues with solutions and progress.

The Ethical Considerations in Conveying Hope

While promoting hope is generally beneficial, it?s essential to avoid fostering false or unrealistic expectations. Overpromising or minimizing real challenges can lead to disappointment or mistrust.

Key ethical points include:

- Be honest about difficulties while emphasizing potential solutions.
- Respect individual experiences and perspectives.
- Avoid manipulation; aim for genuine encouragement rather than superficial optimism.

Conclusion: The Enduring Power of Hope

Messages of hope are timeless tools that uplift spirits, bridge divides, and inspire action. Their significance extends beyond individual well-being to the collective resilience of communities and nations. By thoughtfully crafting and sharing messages that are authentic, inclusive, and action-oriented, we can foster a culture of hope that sustains us through life's inevitable challenges. In a world that often seems overwhelmed by negativity, hope remains a vital force?a reminder that no matter how tough the journey, brighter days lie ahead. Cultivating and spreading messages of hope is, therefore, not just a moral act but a necessary one for building a more compassionate, resilient, and optimistic future.

QuestionAnswer What are some effective ways to spread messages of hope during challenging times? Sharing positive stories, offering encouragement, practicing empathy, and using social media platforms to highlight uplifting content are effective ways to spread messages of hope during difficult periods. How can messages of hope impact mental health and resilience? Messages of hope can boost optimism, reduce feelings of despair, and foster resilience by reminding individuals that challenges are temporary and that better days are ahead. What role do social media and technology play in disseminating messages of hope today? Social media and technology enable rapid sharing of inspiring stories and messages, creating a sense of community and support that can uplift millions worldwide instantly. Can messages of hope influence societal change, and if so, how? Yes, messages of hope can motivate collective action, inspire social movements, and foster a sense of unity, ultimately leading to positive societal transformations. What are some examples of famous quotes that deliver powerful messages of hope? Examples include Nelson Mandela's 'The greatest glory in living lies not in never falling, but in rising every time we fall,' and Anne Frank's 'Where there's hope, there's life.' These quotes continue to inspire hope worldwide.

Related keywords: hope, inspiration, encouragement, positivity, optimism, resilience, faith, motivation, uplifting, reassurance

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